



Pivot Reflection Guide

An exclusive free gift for Generations Live attendees at the CeCe Winans Conference

A short companion inspired by Pivot On Purpose to help you take your next step with clarity.

How to use this guide

Set aside 15 to 20 quiet minutes. Breathe. Pray. Reflect honestly. Write down what rises to the surface, then choose one clear next step you can take with confidence.

Created by Dr. Stacy L. Merida | DrStacySpeaks

Welcome. **Begin with intention**

A pivot is not simply a change in direction; it is an intentional response to what life, purpose, and faith are asking of you right now. Whether you are sensing a new assignment, releasing an old season, or seeking courage for your next move, this guide is here to help you slow down and listen.

Three reminders before you begin

1. Clarity often comes in the quiet.
2. Your next step does not have to be big to be meaningful.
3. Progress begins when you name what is true and act on what you know.

Reflection prompt: What brought me to this moment, and what do I want to be different by the end of this season?

1. Reflect on where you are right now

Use these questions to take an honest snapshot of your current season.

What feels most life-giving to me right now?

What feels heavy, misaligned, or overdue for change?

Where do I sense peace, energy, or repeated confirmation?

2. Discern your pivot with clarity

A purposeful pivot is usually revealed by alignment, courage, and fruit. Let these questions help you test what is emerging.

Question	My reflection
What next step feels most aligned with my purpose and values?	
What requires courage instead of comfort?	
What decision would create peace, fruit, or forward movement?	
What am I being invited to release so I can move ahead?	

3. Take one next step

Do not leave your reflection as only inspiration. Turn it into action.

My next step

When I will do it

Support I need

What I will release

Prayer / affirmation

My pivot declaration

I will move forward with clarity, courage, and intention. I do not need every answer before I begin; I only need the willingness to take my next faithful step.

Next. Stay connected to the journey

Continue your Pivot On Purpose journey through the book, podcast, and future resources at DrStacySpeaks.com.

- Purchase Pivot On Purpose on Amazon.
- Watch the Pivot On Purpose podcast on YouTube.
- Stay connected for future courses, events, encouragement, and resources.

A final word

Your life still carries purpose. Your voice still matters. Your next chapter can begin with one honest reflection and one brave yes.

**With gratitude,
Dr. Stacy L. Merida**